



THE HULL & EAST RIDING KARATE ACADEMY

Certificate of Achievement 2017

Sporting Excellence in Karate

National Level

Sarah Straker

This is to certify that Sarah Straker has achieved the standard of Sporting Excellence in Competition Sport Karate. Sarah competed at National Championships throughout England in 2017 winning the medals and titles listed below:-

Championship Success - 2 Silver 1 Bronze

Shindo Kai Karate Championships - 2nd July, Barnsley
Bronze - Team Kata

North of England Championships - 22nd October, Sheffield
Silver - Individual Kata

Shindo Kai Karate Championships - 19th November, Barnsley
Silver - Individual Kata

Congratulations on your sporting achievements throughout 2017. Well done Sarah.

Sensei Wayne Clarke 3rd Dan
Head Coach - The Hull & East Riding Karate Academy

